The Lions' Pride

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A Blue-Collar Poet's Expressions of Life

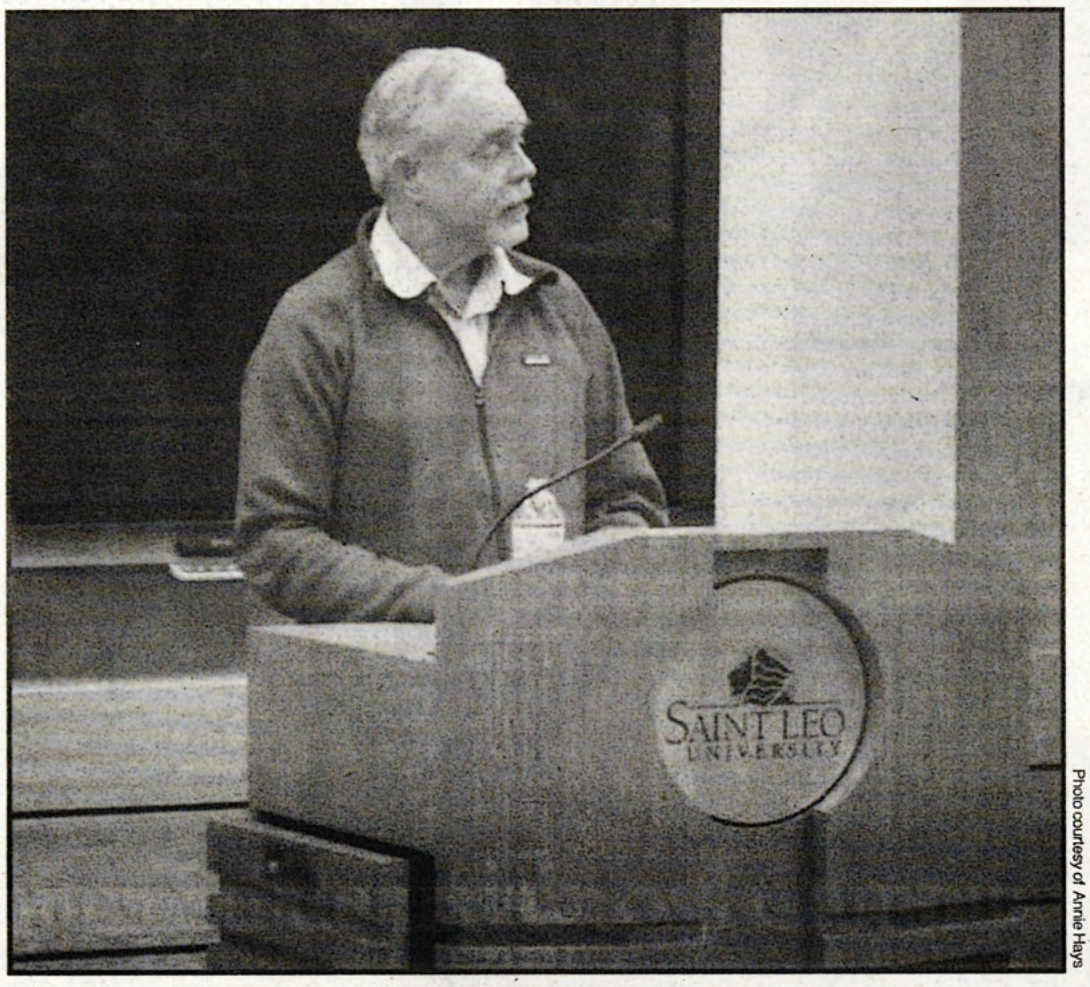

Photo courtesy of Annie Hays

"Poetry is good when you have a lot of feelings going on and you can't find a way to express them. It's the individual human voice." - Joseph Millar

By Nicholas Santos
Staff Writer

Most of Joseph Millar's inspiration for his poems, he said, comes from his own personal experiences, which he gained from his time as a commercial fisherman and telephone repairman.

"I don't have any real themes. I just like whatever's going on in my life," he said.

Joseph Millar, award-winning author, creator of many poetry collections, and earner of an MA degree in poetic writin, visited the University and hosted a poetry reading on Jan. 29. His reading was held at TECO Hall as part of the University's Literature for Lunch program.

According to Gianna Russo, an Instructor of English at the University and sponsor for the event, Millar was nominated and chosen for the public reading to represent the Florida Literary Arts Coalition. Russo, as a member of the Coalition, nominated Millar for the honor of a public reading. She believed that he would be perfect for relaying the meaningfulness of literature to Saint Leo University students.

"I want all of our poets and writers who come [to the reading] to get a chance to see how relevant literature is to our lives," said Russo.

From the very beginning of his presentation, Millar was looking to entertain his audience. Moments before reading his first poem, *Nativity*, an account of the significance of babyhood, Millar said that men are usually "forced" by women to attend poetry readings.

When asked by Gianna Russo why men should be interested in writing poetry, Millar said, "It's good for the chicks."

Millar explained that his use of comedy was a way to make the members of his audience "friends of poetry," meaning they could relate to their reader and gain an appreciation of poetry.

One poem in particular, *Sole Custody*, was certainly able to help Millar reach his goal. Based on Millar's time spent as a single parent, the poem illustrates a father's time alone with his son. The father, who narrates the poem, lives from paycheck to paycheck and wonders whether he will be able to continue supporting his son, as he has only enough money to afford clothes for his child and to finish paying his rent.

"I thought he was really good. I liked all of his poetry, especially the poem about raising his child," said Sophomore Ciris Colón.

Millar's voice and vision was brought to life through his poetry. All of Millar's readings had a strong hint of personal experience and lively significance within them.

As a blue-collar poet, Millar, whose poems illustrated his life as a single father and as a working-class man, made his audience understand why life should be considered a meaningful journey. The unknown emotions and fears of everyday human life always can be helped, expressed, or even solved through poetry.

"Poetry is good when you have a lot of feelings going on and you can't find a way to express them. It's the individual human voice," said Millar.

Pride Consulting Firm Offers Experience

By Tom Buckley
Contributing Writer

In the past semester, a new organization has formed on campus known as the Pride Consulting Firm. The firm allows select student to take their education to the next level by working with real clients in the business world and gaining experience in the field that they want to work in. The Pride Consulting Firm is supervised by Mr. John Lax, Instructor of Marketing in the Donald R. Tapia School of Business. Lax mentors the students and helps them with the projects that they work on.

"One of the underlying principles of Pride Consulting is to make it mimic the real world. Just like when you and your colleagues go out and get a job, you're not just going to work with just Marketing students, CIS students, or accounting students, you're going to work with a cross functional team with people from all kinds of skillsets," said Lax.

The Pride Consulting Firm works on two types of projects: a fee for service projects and projects for local non-profits.

The first type of project is where Pride Consulting actually charges the company a fee for the consulting services that they provide. The fee is usually 10 to 20 percent of what a firm would charge. A fee for service project that Pride Consulting is currently working on is the organization and management of web analytics for the Tampa Bay partnership, which is an organization made up of local

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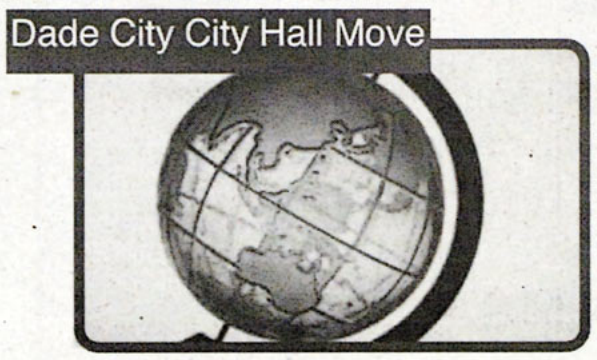
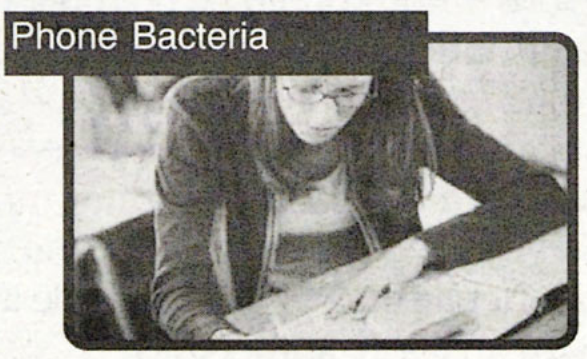
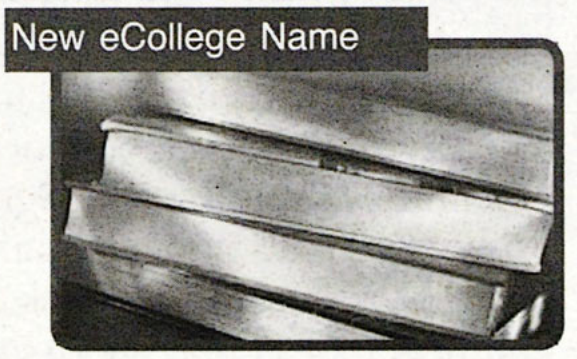
Corrections

We would like to apologize to Professor Bryan Reagan for misspelling his name in the article "Saint Leo Offers New Degree in Logistics"

CHECK US OUT ONLINE!







Editorial

How College Students Stay Fit in 2014

By Brianna Llewellyn
Contributing Writer

Freshman fifteen is not just for freshman. Pressures from class, studying, homework, social life, and jobs challenge almost every college student. These issues become even more pressing when a college student realizes that they are expected to balance all aspects of their life on their own. With all these problems, it's easy for a college student to begin to neglect and sacrifice the most important piece of the puzzle, the fuel of life: food.

But, have no fear. I am here to help get all of our eating habits in check with a few tips I've gathered since freshman year.

So we all know about The University's buffet style cafeteria, right? Sometimes having such a large assortment of foods can cause people to get carried away with serving sizes, and this leads to overeating. Still, every Monday through Friday during lunch and dinner the salad, deli, and vegetarian style stations are always up and running, serving fresh vegetables and lean meats to the masses.

However, if you like to have your cake and eat it too, find the local gym. Just about every residence hall has one, except for Roderick, Alumni, and some of the freshman buildings. As a result, residents of these halls are permitted to use the mini-gyms in apartment five.

Photo from wikicommons

Our fitness center offers a range of different machines, and weights available to anyone with a Saint Leo ID. The fitness center also host classes Monday through Saturday that include boxing, yoga, and cardio training. The fitness center on campus is located on the south side of campus, next to the parking garage.

"Sometimes having such a large assortment of foods can cause people to get carried away with serving sizes, and this leads to overeating. Still, every Monday through Friday during lunch and dinner the salad, deli, and vegetarian style stations are always up and running, serving fresh vegetables and lean meats to the masses."

Also, if you are worried about finding time to take a class, The University's Fitness Center offers personal trainers at a discounted rate for students and staff members.

Here's another alternative if you're afraid to be commit to a weekly exercise regimen. Try taking an actual course that specializes in physical health and fitness. This way you'll be more likely to exercise, even if it's only because you are being graded for it.

In general it helps to just be more active. Actively choose to use the stairs instead of the elevator. Actively make healthier food choices. If you decide not to take a scheduled fitness course this semester, than choose to set a specific time on specific days set aside just to go to the gym. Even 30 minutes a day to begin with is good.

If you are working towards a specific goal by exercising and dieting, be realistic. Don't expect to shed an outrageous number of pounds during the first week. Also don't compare your progress to anyone else's. Everyone's body is different. If you make a mistake or miss a workout at the gym, don't beat yourself up about it. Stay positive.

Lastly, stay safe. Do not let a healthy decision to stay active turn into an unhealthy obsession or an eating disorder. If you experience symptoms of depression from over exercising or an eating disorder please seek professional help. Contact the national Toll Free information and referral hotline at 1-800-931-2237

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World News

Pope Francis Makes the Cover of Rolling Stone

By Jennifer Broom and Nicholas Santos
Contributing & Staff Writers

Pope Francis has been featured on the covers of *Time Magazine's Person of the Year and on the front cover of the Advocate in 2013*. Now Pope Francis makes the cover of the iconic music magazine *Rolling Stone*. This has been the first time *Rolling Stone* has ever featured a Roman Catholic pontiff on its cover.

"It's a very good means of publicity for Catholics on such a large scale," said Senior Dana Delosa.

The Feb. 13 issue of the magazine features a front cover photo of Francis, and within the magazine a 8,000-word article titling "Pope Francis: The Times They Are A-Changin'," which borrows its title from Bob Dylan's classic early 1960s anthem. Contributing editor Mark Binelli focuses his article on the 77-year-old Pope's status as a religious and cultural icon, and describes Pope Francis as a man with obvious humility, empathy and strong devotion to the economically disenfranchised. Binelli writes on how Pope Francis is "perfectly suited to our times."

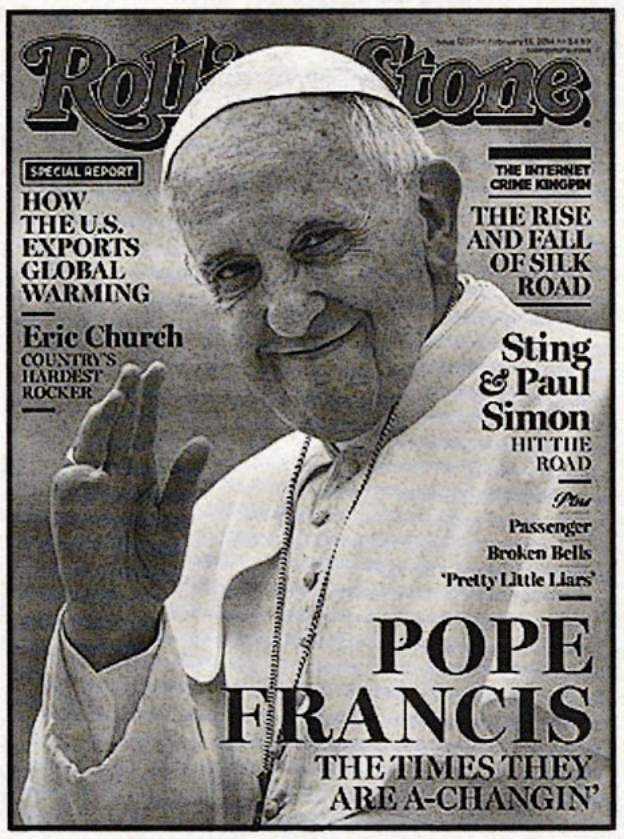
"It's different, but I see no problem with it. Some people consider him to be an icon, so to have him on the cover is just like anyone else, in my opinion," said Sophomore Lola Manley when asked what she thought about having Pope Francis on the cover of the magazine.

The *Rolling Stone*'s cover story on Pope Francis also addresses gay issues and Pope Francis' "Who am I to judge?" comment when he was asked about gay Catholic priests.

Even though Pope Francis has been given much praise in this article, the Vatican officials describe the story as "superficial journalism" because of the harsh assessments they put on the tenure of Pope Benedict XVI. Pope Benedict has vocalized his opposition to LGBT rights, and has encouraged bishops in the U.S. to fight against marriage equality and explained that same-sex marriage threatened the future of humanity itself. Pope Francis, while not ever signifying any support to same-sex marriage, appears to seek more of a mutual understanding and common ground with LGBT Catholics.

The article calls Benedict's papacy "disastrous" and describes him as "a staunch traditionalist who looked like he should be wearing a striped shirt with knife-fingered gloves and menacing teenagers in their nightmares."

Jesuit Father Federico Lombardi, director of the Holy See Press Office, states that even though the article surprisingly describes the pontificate of Pope Benedict in a very negative way, it also highlights the many positive aspects of Pope Francis. Nonetheless, this article recognizes Pope Francis has done much to establish himself as a people's pope and also differentiates himself from past popes before him.



Cover and above Logo Courtesy of Rolling Stone

Are People Happier Without Kids?

By Dexomia Livia
Staff Writer

Most research shows that childless couples are more satisfied and happier with their relationships than people with kids. This is an interesting discovery considering that for centuries children were thought to be the source of fulfillment and meaning in someone's life.

According to two studies, the answer might be yes and no. Two studies by Princeton University and Stony Brook University found that there are a few differences in life satisfaction between these two groups.

"People who live with children are more likely to be married, richer, better educated, more religious, and healthier, all of which have well-documented positive associations with evaluative and hedonic wellbeing," the abstract of the study said. However, this is correlation and not causation. After taking all these factors out of the picture, studies found no differences among these two groups.

One difference the study noted was that parents have the tendency to experience highs and lows. For instance, parents can have more joy and happiness in their lives. However, parents can also experience more negative emotions and stress.

According to another study in Open University, England, the study involved more than 5,000 people of all ages, statuses, and sexual orientations in England and the United States. The surveys and interviews' results indicated that for both men and women with no children had a better relationship than those who did.

Some students seem to agree with the idea couples are happier without children.

"Children are evil," said Sophomore Joanna Ozog.

Other students strongly disagree.

"Children make everything better," said Sophomore Marie Ryan.

Also, studies show that mothers are happier than women without children, and that fathers are slightly less happier than men without children. In addition, when it was asked about the most important person in their lives, mothers answered their children and fathers answered their partners.

According to Dr. Jacqui Gabb, senior lecturer in social policy at the Open University, when people become parents, there is a shift where women focus more on children than their husbands. This results in much less time devoted into the relationship. Children themselves are not the problem, but the fact that parents spend less time focusing on each other because they have to focus on their children.

According to the authors of "Enduring Love? Couple Relationships in the 21st Century," small acts of kindness are what makes couples feel more valued in their relationships. For instance, little things such as making a cup of tea or saying "I love you" is what makes a relationship more meaningful.

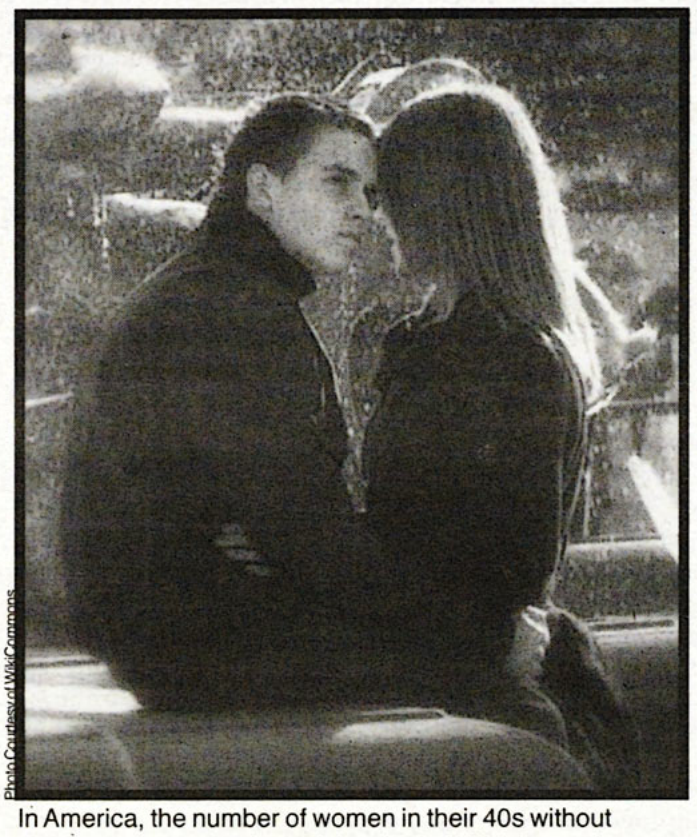


Photo Courtesy of WikiCommons

In America, the number of women in their 40s without children has reached an all time high. Will this trend continue? Will more couples in the future not have children?

Half the Sky Builds Lives Anew

By Shawnee Arnett
Staff Writer

Photo taken by Anne Hays

WuDunn is the first Asian American to win the Pulitzer Prize for International Reporting.

On Jan. 28, The University had the pleasure of hosting Sheryl WuDunn, coauthor of Half the Sky: Turning Oppression into Opportunity for Women Worldwide for its University Speaker Series.

WuDunn, the first Asian American to win the Pulitzer Prize for International Reporting, published Half the Sky in 2009 with her coauthor and husband, Nicholas Kristof. In her lecture, WuDunn argued that the central moral challenge of this century is the oppression of women, and that the education of women would lead to a better world in which half of humanity's potential could be unlocked by allowing men and women to work as equals.

This may appear to be a non-issue in the United States, however, in third world countries and even in pockets of the first world, women are treated as second class citizens and often subjected to horrors such as sex trafficking according to WuDunn. This is most evident in countries such as Cambodia, where many girls between the ages of 12 and 14 are often sold for 200 to 300 dollars to brothels as sex slaves. These girls receive no pay and are often denied food because of their pimps being concerned that weight gain will affect business. If a child sex slave resists or refuses to entertain a customer, she is often beaten into submission.

WuDunn also spoke on maternal mortality in Niger, where 1 in 7 women die in childbirth. For those who survive, 1 in 20 survives with injuries such as fistula, a condition in which an obstetric hole develops after a difficult or failed childbirth, often leaving the woman incontinent.

> *"It is an issue that, once you get exposed to it, it's really hard to just forget about."*
> *- Sheryl WuDunn*

WuDunn told the story of a young woman from Niger who was forced into marriage at age 13 and developed a fistula from birthing a stillborn child at age 14. Because of her incontinence and stillbirth, the members of her village considered her to be bad luck and forced her to stay at the edge of the village in a hut with the door torn off. This was done by the members of her village so that she would have no protection from the hyenas that prowled the area at night. Instead of succumbing, she fought off the hyenas, pulled herself up into a tree where she hid for the rest of the night, and dragged herself 33 miles to the next village where she was treated at the local hospital. She was later employed at that same hospital as a nurse.

WuDunn also spoke on overpopulation in third world countries and courses of action that would assist in stopping it. WuDunn argued that overpopulation leads to poverty and the inability for individuals to escape from said poverty, however, the education of women would help to cease overpopulation. According to WuDunn, educated women generally have children later in life than uneducated women, and fewer overall. This would help to cut back on the number of children born yearly and also give those living in poor areas the tools to escape the cycle of poverty.

When asked what inspired her to focus on women's rights globally, WuDunn said "I think it just sort of came organically. We never were experts in this field, so I didn't study it at all. It is an issue that, once you get exposed to it, it's really hard to just forget about."

WuDunn also informed the attendants of the University Speaker Series lecture that her book title came from Mao Zedong's saying that "women hold up half the sky", that women are men's equal partners in sharing the burdens of the world.

After attending the University Speaker Series lecture by WuDunn, Dr. Allyson Marino, the organizer of the event, said "It is my hope that those who attended the lecture are inspired to join the movement in ending global oppression of women and children. Awareness and education are the first steps in enacting change."

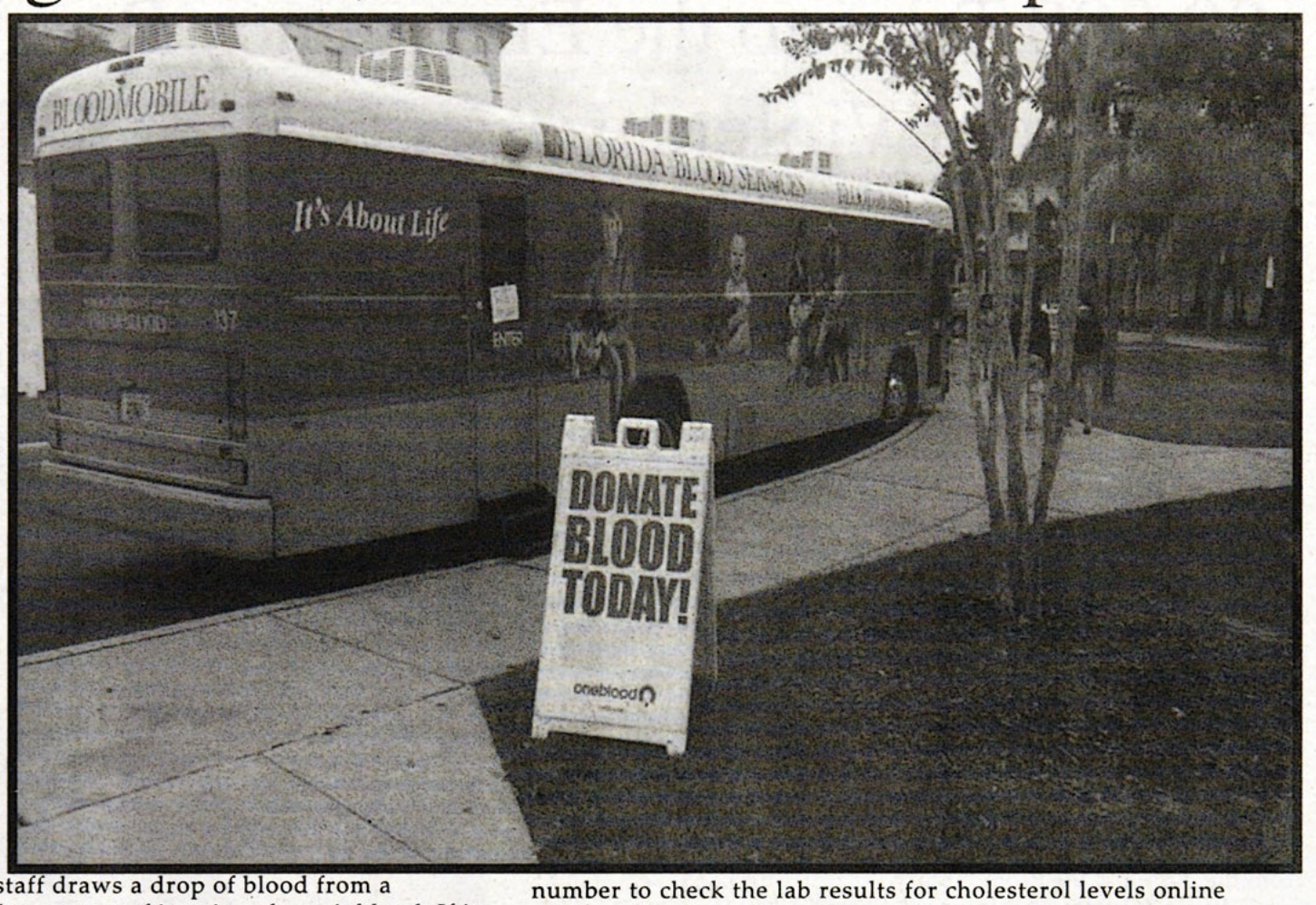
In regards to inspiration, WuDunn had some advice for students who wish to get involved. "Pick an issue that you care about and that you may have an expertise in it that you can bring to bear, and also look at the part of the world that you care about... and then find an organization that you might be able to work with because, chances are, there's an organization working on the issue that you find compelling..."

For those who wish to know more about these issues, Half the Sky has inspired a documentary series of the same name. Facebook users can also play the Half the Sky game, which helps donate funds to provide educations for impoverished girls around the world.

Campus News

Big Blue Blood Banks on Campus

By Stephanie Holz and Katrina Weicht
Contributing Writers



On Jan. 14th, students all over campus rolled up their sleeves and donated their time, love, and blood to give the gift of life.

OneBlood is a nonprofit group that runs the blood bank; it is the second largest blood canter in the nation, topped only by the Red Cross. It has one main center for blood storage while the blood banks travel all over Florida in large buses that house two rows of seats for donors to choose from along with the equipment needed to draw and store blood.

Before blood is collected for donation, staff draws a drop of blood from a fingertip to determine the amount of iron in a donor's blood. If it checks out as normal, the donation continues. Vital signs are assessed, a form is filled out, informational packets are read, and a needle is inserted to the arm of the donor's choice. The entire visit, including registration to the refreshments, can take around an hour to complete. The donation itself can take anywhere from five to ten minutes for the pint of blood to be collected.

During the very start of collection, a small separate bag of blood is taken from the donor for testing in a lab at another location. Donators receive a card with a unique identification number to check the lab results for cholesterol levels online within a few days. However, within a month or so, the donor receives a letter in the mail with an analysis of whether or not they have a blood borne illness, such as HIV.

At the end of the procedure, the donor often receives a snack and beverage to provide nourishment for creating new blood cells and a complementary gift such as a movie ticket or t shirt.

While most donors think that donating will save one life, they are actually saving up to three. Red blood cells, plasma, and platelets can be separated and given separately to better fit the requirements of those in need. In addition, blood is shipped where it is needed from a main central storage unit to ensure widespread coverage and generous use.

There are some restrictions to donating blood. People less than 110 pounds, those with low blood iron levels, low blood pressure, or who have had a piercing around mucus regions such as the nose, mouth, or genitals within one year cannot donate. Professional piercings in other non-mucous regions however, are acceptable and the person can begin donating blood immediately afterwards. As of January 1, 2013 people were able to give blood immediately after getting a tattoo due to the strict regulations in tattoo parlors. On average, only 2 percent of the population has a rough time donating blood.

"My first (donation) was terrible. The second time was better. The third time was really bad because they could not find a vein. Even if it's painful, I still need to make a difference because I'm O+," said Eriqua McGhee, a Sophomore.

The blood bank is always in need of negative type blood, A- and O-, because they are the least popular and hardest to obtain. The two most popular blood types are O+ and A+. People with O type blood can donate to all other blood types, increasing their need in blood banks and service to the community through donation.

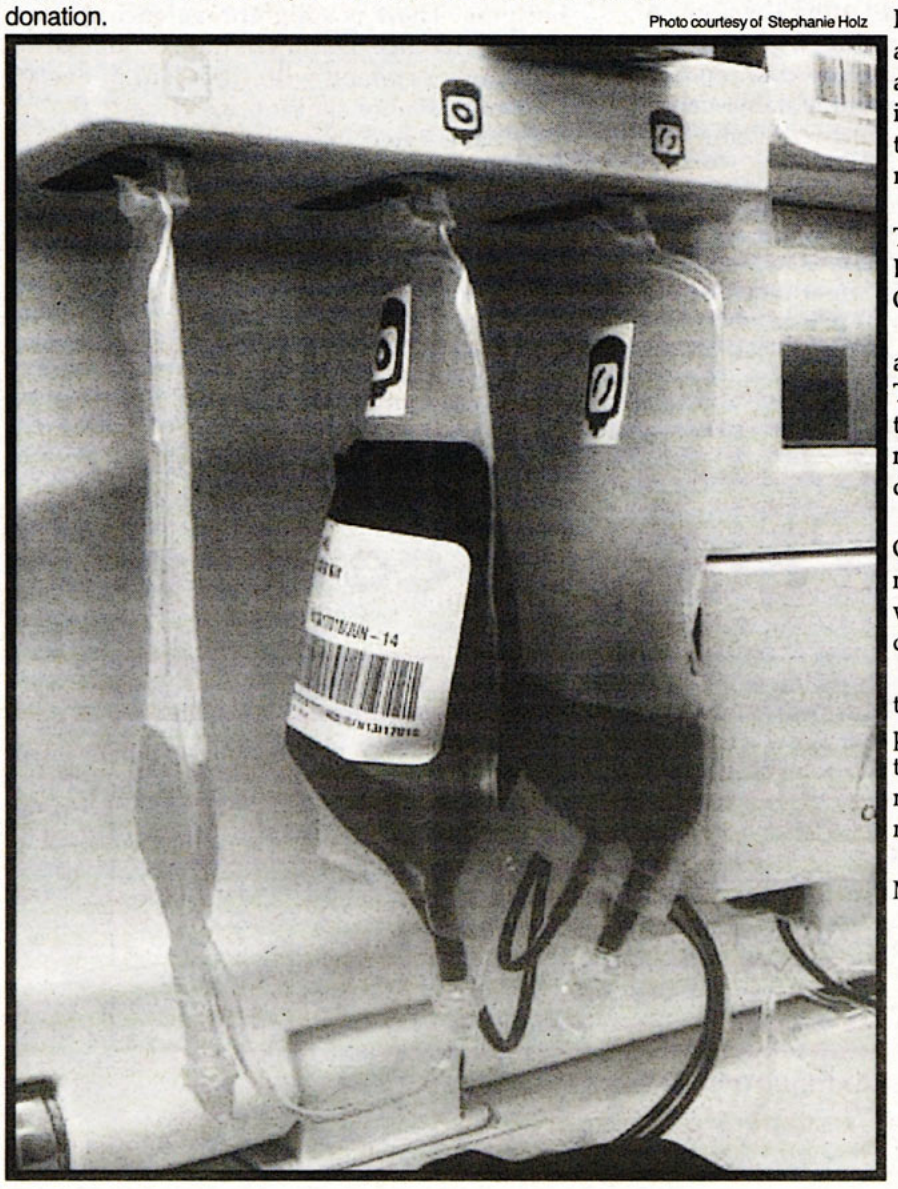
Brenda Kajfasz, a customer relations coordinator for OneBlood, said "I really wish more people would understand the need for blood in hospitals. The need for blood never ends and without donors to supply the blood, it can be difficult to meet the demand for more."

It is safe to donate blood every 56 days, allowing the red cells to be fully replenished. According to the organization's website, platelets and plasma replenish more quickly than red cells. It takes two days for plasma to replenish, three days for platelets to regenerate, and approximately two weeks for red blood cells to return to their normal levels.

The blood banks will be returning to Saint Leo University on March 11th to collect more donations.

A special machine separates blood plasma (left) and red blood cells (center) from whole blood (right) so only the red blood cells can be collected. Plasma is given back to the donor throughout the procedure. This technique allows donation of twice as many red blood cells as a whole blood donation.

Photo courtesy of Stephanie Holz



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Local News

90,000 Trips to the Emergency Room from School Violence

By Janet Small
Contributing Writer

Safety in school remains a serious issue and has once again been highlighted with the publication of a new study published in the Journal of Pediatrics. The study shows that 90,000 trips to the ER are caused by intentional injuries, with 96 percent of these a result of assault.

Researchers found that of the 7,397,201 injuries that occur on school grounds each year, about 10 percent (736,014), are the consequences of school bullying. These injuries are separate from injuries that are a result of sports accidents, tripping and falling. It is evident that not enough is being done to keep kids safe in school. Despite all the anti-bullying schemes, which are supposed to combat this violence, there is still an exponential number of students being hurt intentionally at the hands of others, which suggests that more intense and effective measures need to be taken.

This study gathered its information from the National Electronic Injury Surveillance System – All Injury Program from January 2001 through to December 2008. The reports detail the type of injury suffered, whether or not it occurred on school grounds, and whether it was accidental or intentional. Cuts and bruises were the most frequently reported injury that required medical attention, accounting for 40 percent of the visits, but there were many more serious injuries with 12 percent of visits due to fractures, 10 percent brain injuries and 7 percent due to strains.

In most cases, the perpetrator was identified as a friend or acquaintance, which could suggest that many of the injured are too afraid to say that it was a result of bullying. In a separate study conducted by the Regional Educational Laboratory Northeast and Islands, researchers found that nearly 65 percent of victims said they and the people they knew did not report the bullying to teachers or school officials. The study also found that even if a bullying victim had suffered injury, 40 percent of the time the incident was not reported, and that students in younger grades were more likely to report bullying than students in older grades. 10 percent of incidents were at the hands of multiple assailants.

"Since schools cannot address problems that they don't know about, increased reporting of bullying is a first step towards creating a safer learning environment for all students," said Anthony Petrosino, the lead researcher, according to the Education Development Center.

"Bullying is increasing in today's society but there is not a lot of support. There are sites for awareness and support, but I don't think many people take advantage of them. Also, bullying is becoming a lot more popular, especially now through all the social networking sites we have like Facebook, Twitter and Instagram," said Sophomore Meshayla Edwards.

Over half of adolescents and teens have experienced a phenomenon known as cyber bullying. Approximately 50 percent of adolescents and teens have participated in cyber bullying as well, according to Bullying Statistics.

Bullying negatively impacts student's education. Bullying increases absenteeism, causes a decrease in grades, leads to lowered concentration and increases in dropout rates, according to the National Bullying Prevention Center. Bullying can have a huge effect on children's health, leading to headaches, sleeping problems, anxiety, depression, low self-esteem, self-harm, and suicidal ideation.

The research showed that there may be certain groups at greater risk of school violence. Children aged 10 to 14, especially boys and members of ethnic groups, were at a greater risk of being intentionally injured than other age groups such as girls and Caucasians.

NBC news suggests that a contributing factor to the problem are the adults who act as children's role models. In an article published in the same issue of Pediatrics, they found that there is a high level of bullying behavior by school coaches. If the coach is successful, schools often make excuses for the behavior to avoid letting them go. A survey conducted produced results showing that 45 percent of kids reported verbal misconduct, such as name-calling or insulting during sporting events by coaches.

It might not just be coaches contributing to this effect.

"In my education class, we were talking how teachers sometimes can make kids feel so bad about not understanding stuff, that they then take it out on kids who they think are weaker than them, so it causes a chain of bullying," said Sophomore Kelsey Stevens.

Not all teen violence is a result of bullying. There is a high prevalence of teen dating violence. Dating in high school is extremely common with three out of every four high school seniors reporting that they have dated in the past, according to the Office of Adolescent Health. The Office of Adolescent Health says nearly four in ten adolescents, of both genders, have experienced physical or sexual dating violence.

Photo from wikkicommons
In most cases, the perpetrator was identified as a friend or acquaintance.

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Campus News

Students Return to Cobb

By Janet Small
Contributing Writer

On Friday, Jan. 31, there was an off-campus trip organized by the Campus Activities Board to The Cobb Movie Theater in Wesley Chapel. Less than three weeks previous, there was a fatal shooting at the same movie theater. Despite this, the free tickets for this trip sold out within a matter of minutes.

The incident at the theater involved the fatal shooting of a 43-year old man, Chad Oulson, by a 71-year old retired police officer, Curtis Reeves, following an argument concerning Oulson texting during the previews of a showing of the movie Lone Survivor. Oulson was texting his daughter. Oulson's wife, Nicole, was shot in the hand as she tried to shield her husband from the gun.

The trip to the movie theater had been planned since last semester, before the shooting occurred. The Campus Activities Board did not feel that this should impact the trip and there had been no discussion of cancelling the event.

"I am not speaking for my entire Campus Activities E-Board, but I believe we felt to continue on with this trip in some way helps honor the victims of the incident and to show our students that they should not be afraid to go to the movies. I am very proud and thankful of our students responding by reserving tickets for the trip because it sold out," said Edson O'Neale of the Campus Activities Board.

The Cobb Movie theater has been a popular destination for Saint Leo students, both with CAB and independently.

Students have continued to go to movie showings at the Cobb Theater, following the shooting, independently as well.

"I did feel nervous, I didn't touch my phone once after we were settled into our seats until the movie ended. I was scared because you never know. It's like nowhere is safe anymore; terrorist attack or not, anything could happen now a days, especially as people are provoked in any little situation," said sophomore Erika Capobiano.

The Cobb Theater is not the first movie theater that has been subject to shootings. On July 20, 2012, a well-documented shooting occurred at the midnight screening of *The Dark Knight Rises* film, where a gunman, shot into the audience with multiple firearms and killed 12 people and injured a further 70.

"What happened at the Cobb Theater can happen at any other movie theater... so it is very hard to define what theater is safer than others. It is sad that people are scared now to go to the movies because they are in fear for their lives, but, as people, we should not let the ignorant individuals stop us from having fun and living life doing something as small as going to watch a movie," said Edson O'Neale, Campus Activities Board.

The theater has increased security since the shooting. There has been a police presence inside and outside the entrance of the theater, as well as police driving through the parking lot. They also have two to three attendants standing in the movie theater. Cobb have stated that they have taken these extra precautions for security purposes. On the theater's website there is a list of prohibited items and actions, including no cell phone usage, such as texting, in the theater auditorium and no weapons are allowed.

"I do think having the cops there and driving around is good but it is still a scary thought that you can be in danger going to the movies," said Capobiano.

Prides Consulting

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businesses and economic development organizations that help market the Tampa Bay metropolitan area and its surrounding counties to a national and international audience .It also helps the region develop and grow economically.

The second type of project that the Pride Consulting Firm works on is projects in which the group feels has a mission that is consistent with the core values of the University. The clients of those types of projects are not charged a fee. Another current project that Pride Consulting is working on is web design and marketing solutions for two local non-profit organizations: Town Ark and the Thomas Promise Foundation.

Town Ark is a non-profit organization that encourages shopping local, helping local kids, and making a difference in the communities of Zephyrhills and Dade City. Town Ark runs a business directory website where local businesses can pay a membership fee to advertise on the website and post coupons to draw in customers. The money the organization raises helps to buy food and snacks for local children whom don't get any meal over the weekend in the Dade City and Zephyrhills Area.

"The Pride Consulting Firm has been wonderful to work with. Having a team of young professionals working with us on this project has been a blessing and I'm extremely grateful for their help with our project," said Wade Thomas, founder of the Thomas Promise Foundation.

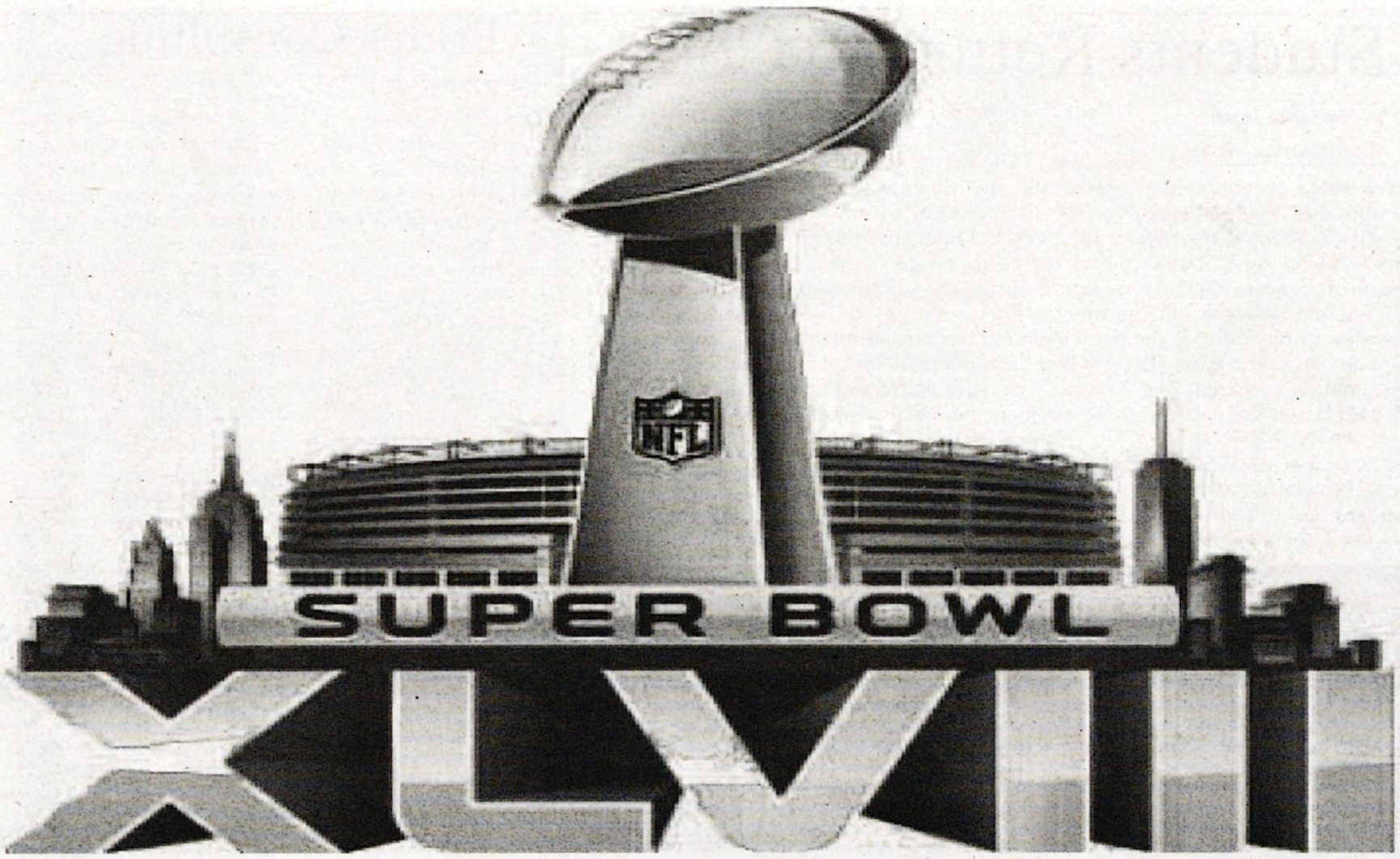
Pride consulting can offer a lot of diverse work for their clients: including marketing plans, branding plans, video solutions, and CIS projects like websites or mobile phone applications.

Pride consultant Davia Fox said she is able to get a taste of the working world while she is in college, which not only teaches her how to be organized, but also teaches her how to interact with people on a more professional level.

Students (sophomores and up) that want to join the organization would have to apply for a position just like a job. Students that join may use their work experience in the Pride Consulting Firm as internship credit, elective credit, or payment.

"I put a lot of effort into my work for our clients because my work and effort is a reflection of Saint Leo University. I pride myself of providing the 'best of the best' service to my client(s) and teammates to ensure goals are being met," said Pride Consultant Brittany Hutchinson.

Sports



Superbowl Unites Students Across Campus

By Michael Walker
Contributing Writer

Without a doubt, this past Sunday made a mark in history. The Broncos scored their first points in the final seconds of the 3rd quarter, the longest time a team in the NFL has gone without scoring.

Thousands of fans rooting for their teams at MetLife Stadium in New Jersey. The final score of this riveting game was Seahawks 43 and Broncos 8. Although the Broncos lost, they still stand in the top five percent of all players.

This past Sunday, many of the University residents gathered around their televisions to watch a game that has been around for generations.

"I had a few friends over who brought over different snacks and had a fun time bonding over America's real past time," said sophomore Yana Barnes.

A ton of other students also left campus and joined the community at local restaurants or and bars to celebrate their favorite teams.

"I went to my friend's house with a bunch of people earlier in the day and we barbequed and ate the whole game," said sophomore Rob Salera.

With the first 12 seconds of game, the Seahawks managed a 2-point gain. It was a complete eye-opener seeing points that never stopped rising. The Broncos were predicted to win in this historical clash. It was not until the final seconds of the third quarter that the Broncos even got close to a touchdown.

The halftime show consisted of a main performance by Bruno Mars. The light show was spectacular and even shot off fireworks that surrounded the stadium. They had a surprise performance of the Red Hot Chili Peppers. The whole show turned out pretty well with a tiny fault of the bass guitarists cord coming loose, as opposed to past mistakes like Justin Timberlake causing Janet Jackson's wardrobe malfunction.

The fun part that many fans wait for at home is the commercials that ensue at breaks. According to adage.com, a marketing website, companies spend nearly $4 million dollars on a 30 second ad. Since many people thought this game was going to be a shutout, they waited for those breaks. This year, many of the commercials changed pace, from the once hilarious commercials to more serious or just bland ones. Therefore, the Broncos were not the only ones letting fans down.

During the final minutes of the game, with the clock still going, the Seahawks and fans alike stormed the field knowing they had won this year. They all waited to grab the Tiffany-made trophy that few teams and players will ever be able to possess.

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